

Lydia Zeller (Text), Marion Goedelt (Illustration): Keine Lust, Auf nichts!

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“Keine Lust. Auf nichts!” is a very nicely illustrated book for children, in which text and pictures together combine with simplicity and succeed in transmitting a strong message. A book for children, or for their parents, even their doctors? I think for all of them, because it stresses the importance for every child to be allowed to have time off, to have the right of doing “nothing”, to be alone. Time off: difficult to find in the well planned days of most healthy children and even more so

of children with chronic diseases. Yet it seems especially important for children with chronic diseases to be allowed to have time off, even if sometimes it is not compatible with a strict adherence to all indicated diagnostic and therapeutic interventions. Do we always help parents to identify which part of a given treatment can be safely postponed or left out if it is the moment for “time off” for their child?

To discuss among us and for our waiting rooms!

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